Preventing The Spread of Infections: The Role of Midwives in Controlling an Epidemic

Studies have shown that the role of a midwife before, during, and after delivery can play a crucial role in preventing cross-infection between mother and baby. Mother-to-Child Transmission (MTCT) remains a serious threat, particularly with Zika and HIV viruses. Midwives have the power to change that.

- Education about transmission through breastfeeding and provision of alternative feeding options
- Information sharing and resources to expectant mothers and the broader community
- Training for prevention and containment of cross-infection and vertical infection
- Enacting protocols for local management of emerging threats
- Providing advice and guidance to pregnant mothers

Sources: The WHO, The Royal College of Midwifery, and BMC Nursing